

# OGC Pre-Team Tryouts ✨

Hello Pre-Team Families,

We are so excited to welcome you for tryouts for our **2026–2027 season!**

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## Pre-Team Levels

- **OGC Spark (Ages 3–4)**  
*The very beginning—where the fire starts*
- **OGC Flame (Ages 5–6)**  
*Building strength, confidence, and consistency*
- **OGC Blaze (Ages 7 & Up)**  
*Turning up the intensity and preparing for Ignite*

➡ These programs lead into our **Competitive Team: OGC Ignite**  
(Levels Copper through Level 10)

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## Arrival & Check-In Instructions

- Please arrive **10 minutes before your scheduled tryout time**
- Drive around OGC to the **right, back side of the building**
- Look for the small awning labeled **“TEAM”**
- You will see a **“Welcome to Tryouts”** sign

Upon arrival:

- Your daughter will receive an **information sheet** to be filled out
  - Parents will then head upstairs to our **Parent Loft**
  - While your gymnast is trying out, **Coach Kat will be available** to:
    - Answer questions
    - Share details about what it means to be part of **OGC Ignite Academy**
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## Important Information

Gymnastics placement is based on **ability—not age**.

- **Copper team** athletes may be as young as **4 years old**
- **Upper levels** require a **minimum age of 7**

Our goal is to place each gymnast where she will be **most successful, confident, and able to grow**.

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## Our Philosophy

Gymnastics is a sport that requires:

- ✓ Strength
- ✓ Agility
- ✓ Flexibility
- ✓ Focus & listening skills

To be placed on a Pre-Team or Competitive Team, athletes must be:

- **Coachable**
- **Respectful**
- **Hard-working**
- **Positive teammates**

We are building a **strong, positive, and uplifting team culture**.

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## If Your Gymnast Is Not Placed on Pre-Team

Please do **not** take this as a negative.

Many athletes need more time to:

- Build foundational skills
- Develop strength and coordination
- Grow in confidence and focus

Continuing in classes is often the **best path** for long-term success. Gymnasts may:

- ✨ Move onto Pre-Team later in the season
  - ✨ Be invited to future opportunities
  - ✨ Try out again next year
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# Our Commitment

We are proud to offer an **exclusive, boutique-style program** with small groups and individualized attention. Every placement decision is made with your gymnast's **best interest and long-term success** in mind.

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 **Progression Path:**  
**Spark → Flame → Blaze → Ignite**

We can't wait to see your gymnast shine!

— **Coach Kat & OGC Team Staff**