

OC Elite

All Stars

★ TUMBLING ★ STUNTING ★ ALL-STARS ★



OCONEE COUNTY ELITE
THE Performance Cheerleading Academy

2018-2019

Registration Packet



OC Elite with Oconee Gymnastics & Cheer

1090 Jamestown Blvd.

Watkinsville, GA 30677

253-970-5957

www.oconeeallstarcheer.com

May 5th Clinic

3:00pm – 5:00pm / Athletes 10 years & younger
5:00pm – 8:00pm / Athletes 10 – 18 years

May 6th Tryout/Evaluations

12:00pm – 2:00pm / Cheer Athletes 9 years & younger
2:00pm – 5:00pm / Cheer Athletes 11 – 18 years

OC Elite has become the strongest, fastest growing successful athletic program of its type in Oconee County and surrounding areas. We have taken pride in building healthy, strong and confident athletes. Our athletes learn about sportsmanship, working together towards goals, and striving to win. The teamwork athletes learn from our program is a valuable lifelong lesson.

Team Placements: Team placement fee is \$40, If your online packet is completed before Thursday, April 20. Any packet turned in on Friday, April 21 or after will be charged a \$60 tryout fee. Private tryouts are \$80 and must be scheduled through email at cheer@oconeegymnastics.com. If you are unable to attend our May 5-6 Clinic/Eval due to an unavoidable schedule conflict, We first suggest you register to receive the early tryout fee then email cheer@oconeegymnastics.com to explain your reasoning. There will be a late eval May 19th, 8-10am. Plan to stay the entire 2 hours. These athletes will not have the clinic day to prepare for dance, the online video will be their only opportunity to learn the dance. Stunts will be required for tryouts. Your athlete needs to be prepared to dance, jump, tumble and stunt.

During our mandatory clinic phase and evaluation rounds, athletes work side by side with other athletes to create a low stress environment. We like to look at these sessions as workouts or a normal practice atmosphere. During these workouts, we will allow athletes to show skills they have already developed and look for their potential to learn new skills over a two day period.

After the final session of evaluations, the staff will assemble rosters for the upcoming season. We will work to select teams that each have a best possible chance of a successful competitive season. After rosters are set, we will be trying a different an exciting approach to informing the athlete their team placement this year. We will be posting the eval results in the front lobby at OGC. This will create excitement and anticipation as they come to the gym to see their name on the board. We hope to have this process completed by May 19th. The new teams will have an initial practice and CAPS (Coaches, Athletes, Parents) meeting Sunday May 20th. The regular practice season will begin Monday June 4th.

The vast majority of athletes attending evaluations will be selected for a team. If we are not able to find a good fit for an athlete 100% of the tryout fee will be credited back.

TEAM ELIGIBILITY: Eligibility is based on the competitor's age as of Aug. 31, 2018.

Clinic Overview:

Athletes are trying to be a part of an OC Elite Program, not just a specific team or for a specific position. Our teams are built based on score sheet requirements for each USASF level. Your athlete will be assigned to a team based on their true skill level.

Clinic will be broken down into 3 Phases. Dance, jumps / tumbling, and Stunting. Stunting will be evaluated on the day of the clinic.

Evaluations will take place in 2 rounds. 3 rounds if you are a flyer. All rounds are required for final team placement.

Clinic Day

Dance Clinic: (Phase 1, 25% of time allotted)

There will be a video placed on the front of our website at oconeeallstarcheer.com 3 days before our clinic for athletes to get a head start on the dance. The dance will be removed from online the day of our evaluations.

- Dance choreography difficulty will vary pending age class. No more than 6/8 count for ages 11-18, and 4/8 counts for ages 5-10 will be learned from the athlete.
- Athletes will be paired in groups of 2-4
- There will be no music only verbal 8 counts

Jumps and Tumbling Clinic: (Phase 2, 30% of time allotted)

There will be an ample amount of time for tumbling during the clinic phase. Athletes will be able to perform standing and running.

- Athletes will have safety rules to follow during this portion of our clinic
- Athletes will only be available to attempt skills that they are planning on throwing for evaluation day. This is not a class for coaches to teach new skills.
- Experienced/certified coaches will be available for spotting all levels of tumbling on clinic day

Stunt Clinic: (Phase 3, 45% of time allotted)

- Coaches will rotate athletes into stunt groups on the clinic day. These groups will function as teams, where we will try to spread the power for each stunt group.
- Each group will be taught the same stunt. All stunt skills taught will be in the elite level range. If an athlete has no experience in stunting, that athlete will be trained by a certified stunt expert.
- Athletes will be taught a very short, easy to learn combination stunt/routine. Along with multiple dismounts.
- Position request will be considered, but not guaranteed.

Evaluation Day:

Round 1 Dance

- Level Dance Skills will be evaluated for entry into Round 2.
- Skills will be evaluated by the same coach who instructed the athletes during the clinic to ensure consistency
- Evaluation will be based on Body placement/Position/ Alignment, Sharpness, Timing/Synchronization, Uniformity, Quality & Strength of Movement

Round 2 Jumps and Tumbling

- Athletes will have approximately 4 minutes during the evaluation process to show they're standing and running tumbling skills
- Athletes will be required to show jumps, jump/tumble combinations
- Skill difficulty and skill technique will be evaluated. Inability to perform skills to our technique standards may result in an athlete being moved to a different level
- There will be no spots on evaluation day. If you do not have your skill by then you don't have it.
- Evaluations will be evaluated by the same coaches who worked with the athletes during the clinic to ensure consistency.
- Evaluations Tumbling will be based on Fluidity/Power/ Speed, Control, Body Position (Core,Arms,Head,Legs,Chest and Toes)
- Evaluation Jumps will be based on Height, Control, Flexibility/Leg & Hip Placement, Position/Arm & Hip Placement

Flyer Evaluations: Round 3 Optional

- There will be a video placed on the front of our website at oconeeallstarcheer.com 2 weeks prior before our clinic for athletes to get a head start on the Flyer sequence. The sequence will be done on a flyer stand and will require all body positions performed to an 8 count. The video will be removed from online the day of our evaluations.
- Those athletes wanting to be considered for a flyer position will show teamwork during stunt clinic portion, excellent verbal communication skills, technique, flexibility, and willingness to learn
- Participating in the flyer portion of the tryouts does not guarantee a spot as a flyer.
- Athletes interested in a flyer position must also have a working knowledge and be willing to perform base and back spot duties.

Evaluation Requirements

- All of the tumbling skills listed by level are required for an athlete to be considered at that level. If skills are missing from the level requirement list, the athlete is not considered to be well rounded at that level and this may keep them from making a specific team. If an athlete does not meet all of the qualification/requirements but has mastered a majority of the level skills, placement on a team at that level may be considered individually based on stunting ability, performance quality, and the needs of that specific team. Stunting ability, performance quality, and age/maturity also weigh heavy in consideration even when all tumbling requirements are met and could be a

determining factor. It is our goal to make well rounded teams that are strong in all areas so our athletes are in the best position to be successful. Please keep all of this in mind as you begin the evaluation process.

- A guideline of level appropriate tumbling skills can be found on our website, or at the gym and a copy will be at the front desk.

Evaluation Check in Process

- Athletes must be in line awaiting 10 minutes prior to their number to be for their evaluation. Please arrive 30 minutes before the start of evaluations to stretch and warm up.
- Athletes will be given a number on clinic day. That number will be given to them again on tryout day to place on clothing for judging purposes.
- Athletes will have a photo taken as they receive their number at the clinic.
- Athletes will be escorted into gym

Attire for tryouts:

Please do not wear your previous teams clothing. We want everyone on a level playing ground and boasting is not needed at OC Elite. We take great pride in our appearance because we believe that presentation is everything. We ask that you begin your first impressions by wearing the following items:

“PRESENTATION WILL BE EVALUATED”

Males - t-shirt, shorts, socks & sneakers, hair should be clean cut and face should be clean-shaven, absolutely no jewelry

Females - sports bra and/or t-shirt, shorts or leggings, socks & sneakers, hair in a high ponytail with a bow, absolutely no jewelry. Cheer stage makeup is suggested but not required

LATE EVALUATIONS:

Yes, It is possible to make a team later in the season through a Late Athlete Evaluation. However, spaces on teams may be very limited and we are often only looking for athletes of a specific age or skill level. In addition, monthly fees are calculated annually and include competition expenses, so anyone starting late will still be required to pay those fees. But even worse is that the athlete may miss some of the training, team bonding experiences and memories that make each season so special and memorable.

Practice Viewing Area

In an effort to avoid distractions as we begin our season, viewing area and (both balcony and lobby) will be closed to all cheer families during evaluation times. Those areas will be open during our team practices. Violation of this policy may result in immediate dismissal from the evaluation process.

Please drop your athletes off at the door our staff will keep them under our complete care. You may pick them up at the front door under the canopy at the end of evaluations.

Online enrollment is mandatory for registration 2018-2019.

Mandatory Parents meeting

- These informational meetings are for returning and new athletes and parents. PCA will go over the competition season packet in detail. This will cover financial and time commitments, competitions, uniforms, fundraisers, sponsorships, discounts, rules, attendance, punctuality, and practices. Please make it a priority to attend one of these meetings.
 - Sunday May 20th 2017, @ 1:00
 - Sunday May 20th 2017, @ 6:00

Time Commitments

- All teams will practice two to three times per week. Each practice pending level may take up to 2 hours.
- Athletes on Schools teams are exception to the rule above
- All teams will have a Tumbling class, which is included in you're monthly tuition.
- Regular Saturday or Sunday Practices will begin in November and will vary pending competition schedule
- Dance choreography will be scheduled and will normally take a full weekend.
- Summer Camp will be 3 days this year located at OGC facility.
- additional Strength and endurance practices will be scheduled during the summer.
- Holidays will be taken into consideration
- Extra practices will be scheduled throughout the season.

Level Requirements:

Level requirements are listed on our website. Please take the time to review them. The Level requirements are broke down according to the standards of USASF.

All-Star cheer is a competitive, team activity that includes a 2 min 30 sec routine combining tumbling, stunts, jumps, dance/motions and performance/showmanship. The All-Star industry is governed by an organization known as the United States All Star Federation, USASF.

Financial Responsibilities and Obligations

Thank you for your careful consideration of the financial commitment involved with participating in our program

Competitive cheer, while not as costly as some youth activities can still be expensive. Before you consider this or any program, please consider the financial commitment involved. OC Elite has an excellent staff and are blessed to have a state of the art facility within Oconee Gymnastics Center. As a result we have calculated a reasonable cost compared to most programs in our area. However, factoring entry fee, summer activities, booster club, and other expenses that are typically charged separately at many other gyms, you may end up spending more at some other programs. They may advertise a low tuition rate but collect significant extra fees throughout the year.

We are as open and up front with our cost as possible. PCA has Team Tuition and Team Fees. Never worry, PCA has several payment plans so everyone can cheer without the stress of cost. These plans will be discussed at the parents meeting on May 20th

Payment:

All team families are required to have a credit card form on file for the upcoming team season. This credit card will be used for all payments: Tuition Fees are monthly cost that cover practice times and tumbling classes if you decide to join one. Team fees include: competition fees, USASF fee, music, choreography, practice apparel, shoes, bows and warm ups, team gifts, bags and other expenses. Team fees are non refundable for any reason. Each family will have the opportunity to pay team fees up front or monthly. Your card will be charged before the 5th of each month pending the choice of payment you have decided for team fees. Tuition fees will be charged every month before the 1st. In the event your card is declined, a new /valid card must be placed on file immediately. Past due charges are subject to late fees.

Additional fees:

Team bonding events: Teams will have approximately 3 team activities throughout the season. These events are great opportunities for the athletes to get to know one another and bond as a team throughout the season. Events/activities will be approximately \$10-15 per event.

Enrollment Fee:

If you are new to PCA, an enrollment fee of \$75 per athlete or \$100 per family will be assessed before the season begins. This will be charged to your credit card on the first month of practice when tuition fee is due.

Travel:

OC Elite is thrilled to offer national and local travel opportunities to our athletes. Not only does competing on the national level allow our teams to learn and grow from other programs around the country, it also allows our athletes to gain performance and competition experience on a much greater scale. The following teams will attend national events:

- All level teams will travel to 1 national competition
- OC Elite teams that qualify for an end of the year championship (US Finals, The Summit) will attend these events in addition to nationals.

End of Year Championships

The Summit Championship:

- Should any team receive a bid to the summit championships, these teams will accept the bid and compete at this event
- The Summit is held in Orlando FL in early May.

The US Finals:

- Should any team receive a bid to the U.S. Finals, and not receive a bid to any other end of the season event, these teams will accept the bid and compete at this event.

- The U.S. Finals are held in 6 different locations across the country. We will determine which one we will attend later in the season.

Travel Fees/Requirements:

Travel expenses for national and post season events will be approximately \$1300 per athlete per trip. This fee includes athlete registration, flight, hotel, team gifts, and coaches expense.

- Expenses for these events will be discussed later in the season.
- Travel location and booking information will be announced later in the season.
- Athletes are required to stay a minimum of 3 nights under the OC Elite package for national travel.

Discounts:

OC Elite offers a tuition discount for each sibling on a competitive cheer team.

- Monthly tuition for 1 athlete is \$130, the second athlete will be \$90
- A 5% discount will be applied to any parent who pays the whole tuition up front.

Fundraising:

OC Elite offers families an opportunity to offset their expenses with fundraising opportunities for more information please attend the parents meeting May 20th

Dual Cheer Opportunity:

OC Elite is willing to work with local youth, middle, and high schools. If your athlete is on a school team they are required to attend at least 1 practice a week until November (end of School cheer) this is to keep up with the routine skills that are necessary for success. There will be a discounted price for a student who is attending both All Star and High School teams. The athlete will pay \$110 a month until November requiring they come once a week. Once November arrives the athlete will be responsible to the same cost as every other athlete. \$130 month.

SEASON COMMITMENT:

June through Mid-April/May Pending Championships .Teams attend 4-5 competitions during the season, including one National event.

USASF Membership Information

USASF Membership Fees & Terms

- The athlete membership fee is \$30 per membership term
- The membership term begins August 1st and ends on July 31st
- Membership fees are paid on an annual basis, beginning August 1st

- Membership is activated once the athlete membership fee has been paid to the USASF
- Athlete Membership Fees, once paid to the USASF, are NON-refundable and NON-transferable (The funds may not be applied to a different athlete. Once the membership has been paid for a specific athlete, the membership belongs to that athlete only and may not be transferred to anyone else.)

Proof of Age and Identity

- An image of the original birth certificate is required to be uploaded into the athlete identification system by the gym owner or individual parent. Individual gym owners will make a decision for the parent or gym to upload.
- *Note: Images of birth certificates will be verified and confirmed by USASF staff. For your protection, the image will be removed from our system files. Confirmation of date of birth can take several months during the registration period.*

Renewing / Returning Members - Sign Into Your Profile

- <https://usasfmembers.net/members/login>
- If you participated in All Star cheer and/or dance last season. You already have a profile created and do not need to create a new profile.
- If you do not know your User Name and Email associated with your profile, www.formstack.com/forms/?1579471-zCAk9phKGA to recover this information.

New Members Only

- This page is for athletes that are NEW to All Star. If you participated in All Star cheer and/or dance last season - DO NOT JOIN AS A NEW MEMBER <https://usasfmembers.net/#!/authentication/login/> those athletes that did not participate in All Star cheer and/or dance.

“WE CANT WAIT TOO SEE YOU AT TRYOUTS”

JODY S. SMITH

FOR REGISTRATION PROCESS PLEASE GO TO LAST PAGE FOR INSTRUCTIONS



Program Cost

The cheerleading season runs June 2018 through April or May 2019 Pending Championships. Tuition covers weekly practice, Saturday or Sunday practices, additional practices, a 1 hour a week tumbling class. Your tuition is divided into 11 equal installments and is collected on the 1st of every month. Monthly tuition cannot be prorated and is non refundable. In April 2018, The final installment will be collected. Team payment is collected on the 5th of every month. Team payment covers the items below minus the tuition cost. OC Elite has three payment options:

- Pay in full
- Pay Team Payment up front and continue to pay monthly tuition
- OC Elite will cover all your Team Payments up front. Total divided by 11 months plus an 5% interest fee will be added to your monthly Team Payment

Tuition

- Travel Teams \$1430 (\$130/mo)
- Dual Travel Teams \$1330 (\$110/mo June-October), (\$130/mo Nov-April)

Competition/Coaches Fees*

- Travel Teams \$700

Choreography/Skills Clinic/Music Fees

- Travel Teams \$300

Membership/Registration

- USASF: \$30 Due to USASF
- OC Elite Registration \$75 (Only if new to OC Elite)

Uniforms

- Uniforms (New Athlete \$350)

Additional Gear

- Shoes NEW \$150
- Practice Wear \$135
- Warm Ups (New This Year) \$120
- Bow \$35
- Bag \$85

Additional Charges

- Competition Gifts \$50, Xtra will depend on Attending Championships

2018-2019 Returning Athletes

- Will not be responsible for \$75 Registration, \$85 Bag, and Uniform Top \$250.
- Will be responsible for New Uniform Bottom \$100 total cost, New Warm Ups \$120.
- \$190 Savings.

Dual Athlete Discounts

- If your athlete is on High, or middle school their monthly tuition is discounted 15% till October

Class Policies

- Accounts must be current to attend privates, tumble classes, or stunt class
- If you account becomes delinquent any classes, or privates will be unavailable to the athlete until the account is in good standing

Skill Clinic and Dance Choreography

- All OC Elite athletes will participate in a mandatory skills and dance choreography clinic. Date to follow.

*Teams attending US Finals, or Summit will pay additional competition and coaches travel fee

REGISTRATION

This is the Instructions to Creating a Family Profile and Registration through the Jackrabbit program Parent Portal. New Families must do this immediately. Current OC Elite athletes will use their existing profile. Please DO NOT CREATE A DUPLICATE PROFILE.

*****NEW ATHLETE PLEASE CLICK ON A LINK BELOW PENDING AGE OF ATHLETE AND FILL OUT*****
*****PLEASE MAKE SURE YOUR PUT IN A CREDIT/DEBIT CARD FOR PAYMENT TO THE TRYOUTS*****

AGES 11-18

<https://app.jackrabbitclass.com/regevent.asp?xID=2668147&orgid=526806&PortalSession=>

AGES 5-10

<https://app.jackrabbitclass.com/regevent.asp?xID=2668141&orgid=526806&PortalSession=>

RETURNING ATHLETE

1. Go to oconeeallstarcheer.com website.
2. In the top right hand corner of our website, click the label Parent Portal. This will take you to the sign in page



3. Once at the sign in page, type your email/login and password

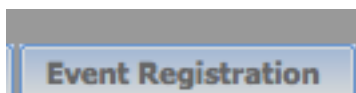
To access your secure account, please enter the Email Address we have on file for you along with your Password:

Email/Login ID:

Password:

[Forgot your password or need to get started?](#)

4. Once you've entered the Parent Portal, Click on the tab EVENT REGISTRATION



5. Now you've entered the EVENT REGISTRATION, click the tab EVENT CALENDAR then click NEXT MONTH until you get to May.



6. On May 5th you will see two option. Click the link that goes with your athletes age.

Saturday

5

OC Elite Clinic and Evaluations May 5th and 6th Ages 11-18 (200)

3:00p OC Elite Clinic and Evaluations May 5th and 6th Ages 5-10 (200)

7. Last step . Fill out the DONE!

tryout information. YOUR

OC Elite

Registration

OC Elite All Star Cheer 2014-2015 (Both days are required) Welcome to OC Elite All Star Cheerleaders! We are excited that you have chosen to become a part of this exciting and fun organization for the Occochee County area that offers All-Star Cheerleaders from beginners to nationally competitive levels. Our All Star Program, Policies & Procedures manual is located on line at General Policies and Guidelines for the Parents Portal or you can pick up a copy at the front desk at OCC. Please take the time to read and understand all of the rules before applying to this fall year commitment. Our mission at OC Elite is to help our customers/students achieve the goals they set for themselves in life and in the sport of cheer leading by offering a positive, encouraging, uplifting and fun environment that is based around a positive Christian attitude, hard work, self-discipline/foresight, and giving our best to reach the outcome.

Name:

Start Date: End Date:

Fee per Student:

Parent Information:

First Name: Last Name:

Home Phone:

Cell:

Address:

City: State:

Emergency Information (Parent/Guardian):