



**Performance Cheerleading Academy LLC, Home of the
OC ELITE All-Star Cheerleading Program**

2016-2017 Tryout/Evaluations

Performance Cheerleading Academy LLC

Home Office

Performance Cheerleading Academy
3810 Madison Ave.
Watkinsville, GA 30677

Training Location

Oconeel Gymnastics & Cheer
1090 Jamestown Blvd.
Watkinsville, GA 30677

www.oconeegymnastics.com/cheer

May 5th Clinic

6:00pm – 7:00pm / Cheer Athletes 9 years & younger
7:00pm – 9:00pm / Cheer Athletes 10 – 18 years

May 6th Tryout/Evaluations

12:00pm – 2:00pm / Cheer Athletes 9 years & younger
2:00pm – 4:00pm / Cheer Athletes 10 – 18 years

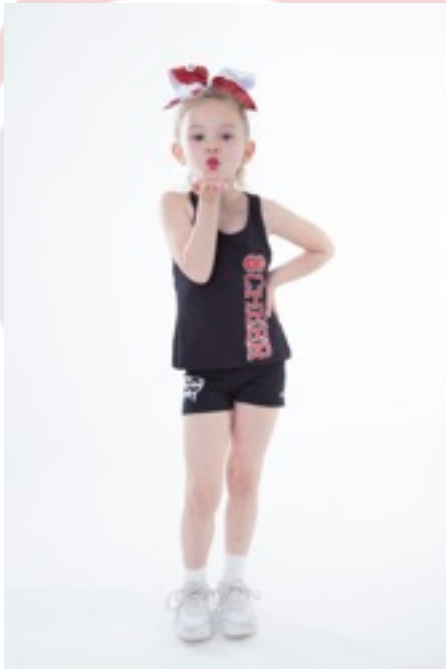


OC Elite is becoming the strongest, fastest growing successful athletic program of its type in Oconee County and surrounding areas. We have taken pride in building healthy, strong and confident athletes. Our athletes learn about sportsmanship, working together towards goals, and striving to win. The teamwork athletes learn from our program is a valuable lifelong lesson.

Team Placements: \$20 Includes Clinic, and tryout/ evaluations

During our clinic phase and evaluation rounds, athletes work side by side with other athletes to create a low stress environment. We like to look at these sessions as workouts or a normal practice atmosphere. During these workouts, we will allow athletes to show skills they have already developed and look for their potential to learn new skills over a two day period.

After the final session of evaluations, the staff will assemble rosters for the upcoming season. We will work to select teams that each have a best possible chance of a successful competitive season. After rosters are set, we will contact each athlete (or parent) by phone to let them know the results of tryouts. We hope to have this process completed by May 19th. The new teams will have an initial practice and CAPS (Coaches, Athletes, Parents) meeting Sunday May 21st. The regular practice season will begin Monday June 5th.



The vast majority of athletes attending evaluations will be selected for a team. If we are not able to find a good fit for an athlete 100% of the tryout fee will be credited back.

TEAM ELIGIBILITY: Eligibility is based on the competitor's age as of Aug. 31, 2017.



Clinic and Evaluation Days:

Athletes are trying to be a part of an OC Elite Program, not just a specific team or for a specific position. Our teams are built based on score sheet requirements for each USASF level. Your athlete will be assigned to a team based on their true skill level.

Clinic will be broken down into 3 Phases. Dance, jumps / tumbling, and Stunting. We strongly prefer athletes to attend our one day clinic to learn the information required for tryouts the following day.

Evaluations will take place in 3 rounds. All rounds are required for final team placement. Not All cheerleaders are guaranteed to advance to round 3.

Clinic Day

Dance Clinic: (Phase 1)

There will be a video placed online 3 days before our clinic for athletes to get a head start on the dance. The dance will be removed from online the day of our evaluations. That being said, athletes that are unable to attend the evaluations and wish to pay the late evaluation should contact cheer@oconeegymnastics.com to receive the video. (See Late Evaluations for more details)

- Dance choreography difficulty will vary pending age class. No more than 4/8 count for ages 10-18, and 2/8 counts for ages 5-9 will be learned from the athlete.
- Athletes will be paired in groups of 2-4
- There will be no music only verbal 8 counts

Jumps and Tumbling Clinic: (Phase 2)

There will be an ample amount of time for tumbling during the clinic phase. Athletes will be able to perform standing and running.

- Athletes will have safety rules to follow during this portion of our clinic
- Athletes will only be available to attempt skills that they are planning on throwing for evaluation day. This is not a class for coaches to teach new skills.
- Experienced/certified coaches will be available for spotting all levels of tumbling on clinic day

Stunt Clinic: (Phase 3)

- Coaches will place athletes into stunt groups on the clinic day. These groups will function as teams, where we will try to spread the power for each stunt group.
- Each group will be taught the same stunt depending on level. All stunt skills taught will be in the elite level range for that level. A level appropriate dismount will be taught.
- Athletes will be taught a very short, easy to learn combination stunt/routine. This will be performed during evaluations
- Stunt position will be based off of group logistics. Groups will be placed by coaches in the same manner they are placed for routines. Position request will be considered, but not guaranteed.

(The flyers will be evaluated non stop, even on clinic day)

Evaluation Day:

Round 1 Dance

- Level Dance Skills will be evaluated for entry into Round 2.
- Skills will be evaluated by the same coach who instructed the athletes during the clinic to ensure consistency
- Evaluation will be based on Body placement/Position/Alignment, Sharpness, Timing/Synchronization, Uniformity, Quality & Strength of Movement

Round 2 Jumps and Tumbling

- Tumbling skills and jump combination skills will be evaluated for entry into round 3
- Athletes will have approximately 4 minutes during the evaluation process to show they're standing and running tumbling skills
- Athletes will be required to show jumps, jump/tumble combinations
- Skill difficulty and skill technique will be evaluated. Inability to perform skills to our technique standards may result in an athlete being moved to a different level
- There will be no spots on evaluation day. If you do not have your skill by then you don't have it.
- Evaluations will be evaluated by the same coaches who worked with the athletes during the clinic to ensure consistency.
- Evaluations Tumbling will be based on Fluidity/Power/Speed, Control, Body Position (Core,Arms,Head,Legs,Chest and Toes)
- Evaluation Jumps will be based on Height, Control, Flexibility/Leg & Hip Placement, Position/Arm & Hip Placement

Stunt Evaluations: Round 3

- Athletes will be evaluated in groups that were placed together during the clinic
- Athletes will perform the stunt/routine taught during phase 2 of the clinic
- Athletes will have the opportunity to perform their routine for a second time if they would like. Judges may request to see the routine for a second time. In that case both performances will be taken into consideration



- Athlete coach ability, skill retention, ability to understand basic level-appropriate stunting concepts, athlete strength, and skill technique will be evaluated. Inability to show understanding of skills and skill concepts to our standards may result in athlete being moved to a different level.

Flyer Evaluations: Round 3B

- Those athletes wanting to be considered for a flyer position will show teamwork, excellent verbal communication skills, technique, flexibility, and willingness to learn
- Participating in the flyer portion of the tryouts does not guarantee a spot as a flyer.
- Athletes interested in a flyer position must also have a working knowledge and be willing to perform base and back spot duties.

Evaluation Requirements

- All of the tumbling skills listed by level are required for an athlete to be considered at that level. If skills are missing from the level requirement list, the athlete is not considered to be well rounded at that level and this may keep them from making a specific team. If an athlete does not meet all of the qualification/requirements but has mastered a majority of the level skills, placement on a team at that level may be considered individually based on stunting ability, performance quality, and the needs of that specific team. Stunting ability, performance quality, and age/maturity also weigh heavy in consideration even when all tumbling requirements are met and could be a determining factor. It is our goal to make well rounded teams that are strong in all areas so our athletes are in the best position to be successful. Please keep all of this in mind as you begin the evaluation process.
- A guideline of level appropriate tumbling skills can be found in this packet, It will be posted online, at the gym and a copy will be at the front desk.

Evaluation Check in Process

- Athletes must be in line awaiting 10 minutes prior to their number to be for their evaluation. Please arrive 30 minutes before the start of evaluations to stretch and warm up.
- Athletes will be given a number on clinic day. That number will be given to them again on tryout day to place on clothing for judging purposes.
- Athletes will have a photo taken as they receive their number at the clinic.
- Athletes will be escorted into gym

Attire for tryouts:

Please do not wear your previous teams clothing. We want everyone on a level playing ground and boasting is not needed at OC Elite. We take great pride in our appearance because we believe that presentation is everything. We ask that you begin your first impressions by wearing the following items

“PRESENTATION WILL BE EVALUATED”

Males - t-shirt, shorts, socks & sneakers, hair should be clean cut and face should be clean-shaven, absolutely no jewelry

Females - sports bra and/or t-shirt, shorts or leggings, socks & sneakers, hair in a high ponytail with a bow, absolutely no jewelry. Cheer stage makeup is suggested but not required

*****Practice Viewing Area*****

In an effort to avoid distractions as we begin our season, viewing area and (both balcony and lobby) will be closed to all cheer families during evaluation times. Those areas will be open during our team practices. Violation of this policy may result in immediate dismissal from the evaluation process.

Please drop your athletes off at the door our staff will keep them under our complete care. You may pick them up at the front door under the canopy at the end of evaluations.

All paperwork will be printed off and brought in with the athlete during the clinic day.

Private Evaluations:

If you are having difficulty making it to our evaluations, you may also arrange to have a private evaluation by contacting cheer@oconeegymnastics.com. These evaluations are typically 1 on 1 or in a small group session with a staff member. There is a substantial additional charge for doing your evaluation outside of the regular evaluation. Fee is \$60.

Mandatory Parents meeting

- These informational meetings are for returning and new athletes and parents. PCA will go over the competition season packet in detail. This will cover financial and time commitments, competitions, uniforms, fundraisers, sponsorships, discounts, rules, attendance, punctuality,

and practices. Please make it a priority to attend one of these meetings.

- Sunday May 21st 2017, @ 1:00
- Sunday May 21st 2017, @ 6:00

Time Commitments

- All teams will practice two to three times per week, as well as approximately two Sundays a month
- Athletes on Schools teams are exception to the rule above
- All teams will have opportunity for Tumbling classes. These are not mandatory but are highly recommended. Each athlete making the team will receive a 25% discount for their level tumbling class.
- Regular Sunday Practices will begin in November
- Extra Practices will be scheduled for choreography and pre competition preparation.
- Additional practices will be scheduled as needed
- Holidays will be taken into consideration

Level Requirements:

On the next page are the level requirements. This is a breakdown according to the standards of USASF. Please take your time and review this info carefully.

All-Star cheer is a competitive, team activity that includes a 2min30sec routine combining tumbling, stunts, jumps, dance/motions and performance/showmanship. The All-Star industry is governed by an organization known as the United States All Star Federation, USASF.

The USASF sets routine guidelines, experience levels and age groups in order to allow teams to compete against other teams of similar age and ability levels. Teams are divided into six levels and the following age groups:

- Mini (8 & under)
- Youth (11 & under)
- Junior (14 & under)
- Senior (10-18).



LEVEL 1

Jumps	Standing Tumbling	Running Tumbling
1 Jump	Forward Roll	Round Off
	Backward Roll	Cartwheel Back Walkover
	Back Walkover	Front Walkover Cartwheel
	Front Walkover	
	Cartwheel	

Level 2

Jumps	Standing Tumbling	Running Tumbling
2 Connected Jumps	Back Hand Spring	Round Off Back Hand Spring
	Bach Hand Spring, Pause, Back Hand Spring	Round Off Back Hand Spring Series
	Back Walkover, Back Hand Spring	Front Walk Over Through to Round Off Back Hand Spring
	Front Walk Over Bach Hand Spring	Round Off Back Hand Spring Step Out Round Off Back Hand Spring
	Back Hand Spring Step Out Back Hand Spring	Front Walkover Round Off Back Hand Spring Step Out Round Off Back Hand Spring

Level 3

Jumps	Standing Tumbling	Running Tumbling
3 Connected Jumps	3 Back Hand Springs	Round Off Back Hand Spring Tuck
	Back Hand Spring Step Out Round Off Bach Hand Spring Tuck	Round Off Tuck
		Front Walkover Round Off Back Hand Spring Tuck
		Punch Front Forward Roll Round Off Back Hand Spring Tuck
		Punch Front
		Ariel Round Off Back Hand Spring Tuck

Level 4

Jumps	Standing Tumbling	Running Tumbling
4 Connected Jumps	3 Back Hand Springs	Round Off Back Hand Layout
4 Connected Jumps to Back Hand Spring Tuck	Back Hand Spring Step Out Round Off Bach Hand Spring Tuck	Round Off Whip 2 Back Hand Springs Layout
		Punch Front Through to Layout
		Cartwheel Tuck
		Front Walkover Through to Layout
		Round Off Back Hand Spring Whip Punch Layout
		Round Off Back Hand Spring Layout Step Out
		Front Handspring Front Tuck Through to Layout

Financial Responsibilities and Obligations

Thank you for your careful consideration of the financial commitment involved with participating in our program

Competitive cheer, while not as costly as some youth activities can still be expensive. Before you consider this or any program, please consider the financial commitment involved. OC Elite has an excellent staff and are blessed to have a state of the art facility within Oconee Gymnastics Center. As a result we have calculated a reasonable cost compared to most programs in our area. However, factoring entry fee, summer activities, booster club, and other expenses that are typically charged separately at many other gyms, you may end up spending more at some other programs. They may advertise a low tuition rate but collect significant extra fees throughout the year.

We are as open and up front with our cost as possible. PCA has Team Tuition and Team Fees. Never worry, PCA has several payment plans so everyone can cheer without the stress of cost. These plans will be discussed at the parents meeting on May 21st.

Payment:

All team families are required to have a credit card form on file for the upcoming team season. This credit card will be used for all payments: Tuition Fees are monthly cost that cover practice times and tumbling classes if you decide to join one. Team fees include: competition fees, USASF fee, music, choreography, practice apparel, shoes, bows and warm ups, team gifts, bags and other expenses. Team fees are non refundable for any reason. Each family will have the opportunity to pay team fees up front or monthly. The only team fee that will be mandatory up front for 2017 will be the uniform cost. Your card will be charged before the 5th of each month pending the choice of payment you have decided for team fees. Tuition fees will be charged every month before the 5th. In the event your card is declined, a new /valid card must be placed on file immediately. Past due charges are subject to late fees.

Additional fees:

Team bonding events: Teams will have approximately 3 team activities throughout the season. These events are great opportunities for the athletes to get to know one another and bond as a team throughout the season. Events/activities will be approximately \$10-15 per event.

Enrollment Fee:

If you are new to PCA, an enrollment fee of \$75 per athlete or \$100 per family will be assessed before the season begins. This will be charged to your credit card on the first month of practice when tuition fee is due.

Travel:

OC Elite is thrilled to offer national and local travel opportunities to our athletes. Not only does competing on the national level allow our teams to learn and grow from other programs around the country, it also allows our



athletes to gain performance and competition experience on a much greater scale. The following teams will attend national events:

- Level 1 and two teams will only compete in local competitions, but are eligible for U.S. Finals.
- Senior level teams will travel to 1 national competition
- OC Elite teams that qualify for an end of the year championship (US Finals, The Summit) will attend these events in addition to nationals.

End of Year Championships

The Summit Championship:

- Should any team receive a bid to the summit championships, these teams will accept the bid and compete at this event
- The Summit is held in Orlando FL in early May.

The US Finals:

- Should any team receive a bid to the U.S. Finals, and not receive a bid to any other end of the season event, these teams will accept the bid and compete at this event.
- The U.S. Finals are held in 6 different locations across the country. We will determine which one we will attend later in the season.

Travel Fees/Requirements:

Travel expenses for national and post season events will be approximately \$1300 per athlete per trip. This fee includes athlete registration, flight, hotel, team gifts, and coaches expense.

- Expenses for these events will be discussed later in the season.
- Travel location and booking information will be announced later in the season.
- Athletes are required to stay a minimum of 3 nights under the OC Elite package for national travel.

Discounts:

OC Elite offers a 50% tuition discount for each sibling on a competitive cheer team.

- Monthly tuition for 1 athlete is \$80, the second athlete will be \$40
- A 5% discount will be applied to any parent who pays the whole tuition up front.
- Tumbling classes will have a 25% discount for any athlete that enrolls into their level class.

Fundraising:

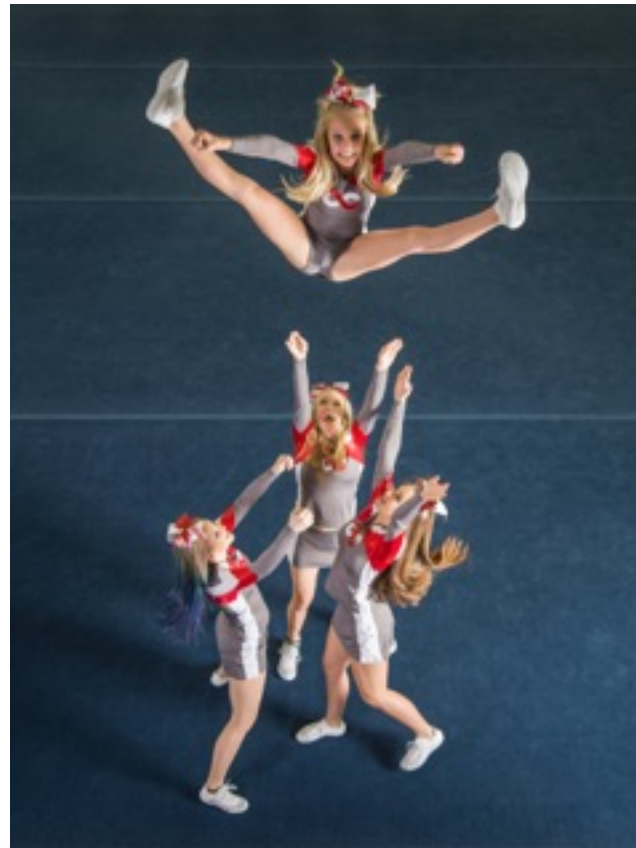
OC Elite offers families an opportunity to offset their expenses with fundraising opportunities for more information please attend the parents meeting May 21st

LATE EVALUATIONS:

Yes! It is possible to make a team later in the season through a Late Athlete Evaluation. However, spaces on teams may be very limited and we are often only looking for athletes of a specific age or skill level. In addition, monthly fees are calculated annually and include competition expenses, so anyone starting late will still be required to pay those fees. But even worse is that the athlete may miss some of the training, team bonding experiences and memories that make each season so special and memorable.

Dual Cheer Opportunity:

OC Elite is willing to work with local youth, middle, and high schools. If your athlete is on a school team they are required to attend at least 1 practice a week until November (end of School cheer) this is to keep up with the routine skills that are necessary for success. There will be a discounted price for a student who is attending both All Star and High School teams. The athlete will pay \$40 a month until November requiring they come once a week. Once November arrives the athlete will be responsible to the same cost as every other athlete. \$80 month.



SEASON COMMITMENT:

June through Mid-April .Teams attend 4-5 competitions during the season, including one National event.

USASF Membership Information

USASF Membership Fees & Terms

- The athlete membership fee is \$30 per membership term
- The membership term begins August 1st and ends on July 31st
- Membership fees are paid on an annual basis, beginning August 1st
- Membership is activated once the athlete membership fee has been paid to the USASF
- Athlete Membership Fees, once paid to the USASF, are NON-refundable and NON-transferable (The funds may not be applied to a different athlete. Once the membership has been paid for a specific athlete, the membership belongs to that athlete only and may not be transferred to anyone else.)

Proof of Age and Identity

- An image of the original birth certificate is required to be uploaded into the athlete

identification system by the gym owner or individual parent. Individual gym owners will make a decision for the parent or gym to upload.

- *Note: Images of birth certificates will be verified and confirmed by USASF staff. For your protection, the image will be removed from our system files. Confirmation of date of birth can take several months during the registration period.*

Renewing / Returning Members - Sign Into Your Profile

- <https://usasfmembers.net/members/login>
- If you participated in All Star cheer and/or dance last season. You already have a profile created and do not need to create a new profile.
- If you do not know your User Name and Email associated with your profile, www.formstack.com/forms/?1579471-zCAk9phKGa to recover this information.

New Members Only

- This page is for athletes that are NEW to All Star. If you participated in All Star cheer and/or dance last season - DO NOT JOIN AS A NEW MEMBER
- <https://usasfmembers.net/members/register/> - those athletes that did not participate in All Star cheer and/or dance.

What Does OC ELITE Cost See Spreadsheet Below

Your Cost will be pending your athlete type:

- New Athlete
- Returning Athlete
- New Dual (School and Allstar) Athlete
- Returning Dual Athlete

Some Information to be aware of before looking at the spreadsheets

- This spreadsheet is a comprehensive budget plan that OC Elite will provide this year. This has been created to have all cost paid off before the competitions begin.
- We understand some are willing to pay all up front and we gladly welcome that by giving a 5% discount.
- Some of our parents of returning athletes had the opportunity to use our bimonthly plans last year to help your family budget cost. We will no longer be offering that this year.
- Competitions have not been decided yet for 2017-2018. The registration fees listed below are based off of 2016-2017 year. These are subject to change pending our choice of competitions for the year. You will be notified of change. In the event we receive a bid financial responsibilities will be discussed as stated previously in the packet.
- If you cheered for OC Elite the previous year or have taken a skills class you are not responsible for the enrollment fee. If you have never been on a team or enrolled into a class, you will pay the \$75 enrollment fee.
- Every athlete will be responsible for a music & choreography fee.
- Practice clothes will change every year. Every athlete is required to purchase the outfits. They will be used for special occasions and team unity during practices. Level 1-3 will not have crop top attire. Level 4 is the only team allowed to wear crop top practice wear.
- Warm Ups will be purchased by new athletes only. We will for 2017-2018 use our current ones for 1 more year.
- Bows will change every year. The athlete enjoys placing them on their bags to represent their cheer experience. Bow cost may vary
- Tuition will vary pending what type athlete you are signing up as
- Shoes will be changed every year. Athletes tend to go through cheer shoes extremely fast. They take a beating through the season and when on stage we want shiny new shoes for performance. Level 1 will be taken into consideration pending competition schedule.
- Bags will be purchased by new athletes only. We will for 2017-2018 use our current ones for 1-2 more years. Bag cost may vary.
- Gift cost has become an athletes favorite time before competitions. Our parents get together and create or purchase small gifts for each athlete. This puts a smile on their face during a stressful time. We currently suggest \$15 a gift per athlete per competition. In past we have tried to get this cost before the competitions and have decided to include this in the comprehensive plan this year
- Uniforms:
 1. Level 1 even though some purchased last year will purchase a new uniform this year. We apologize for the inconvenience, but we are unhappy with the outcome of uniforms for our athletes last year. This will not become a reoccurring event. We have switched uniform companies and are happy with the decision we have made.
 2. Level 2 will purchase the same uniform as our level 1 being there may be a crossover athlete.
 3. LEVEL 1 and 2 uniforms will be a lower cost than Level 3 and 4.
 4. Level 3 even though some purchased last year will purchase a new uniform this year. We apologize for the inconvenience, but we are unhappy with the outcome of uniforms for our athletes last year. This will not become a reoccurring event. We have switched uniform companies and are happy with the decision we have made.
 5. Level 4 will have a new uniform. Please know that this uniform will be a bit higher in cost due to the level of competition.
 6. Please notice a budget cost has been placed in the spreadsheet for uniforms of \$350. This does not mean that is what you will pay. Once we have our design completed we will update the cost for your budgeting purposes. Levels 1-2 currently have a budget of \$300 and Level 3-4 currently has a budget of \$350.

Cost of New Athlete

6-1-17	Enrollment (If New to OC Elite)	\$75 for 1, \$100 per family	
6-1-17	June Tuition	\$80 for 1, additional \$40 ea	
6-1-17	Practice Clothes	\$120	June Total \$275
7-1-17	Choreography	\$100	
7-1-17	Music	\$50	
7-1-17	July Tuition	\$80 for 1, additional \$40 ea	
7-1-17	Competition Fee	\$69	July Total \$299
8-1-17	Uniform	\$350 Certain Teams Only	
8-1-17	Tuition	\$80	
8-1-17	Competition Fee	\$75	August Total \$505
9-1-17	Warm Ups	\$120	
9-1-17	Tuition	\$80	
9-1-17	Competition Fee	\$75	Sept Total \$275
10-1-17	Shoes	\$100 All Teams	
10-1-17	Tuition	\$80 for 1, additional \$40 ea	
10-1-17	Competition Fee	\$75	Oct Total \$255
11-1-17	USASF Registration Fee	\$30	
11-1-17	Tuition	\$80	
11-1-17	Competition Bow	\$35	Nov Total \$145
12-1-17	Tuition	\$80	
12-1-17	Bag	\$100	Dec Total \$180
1-1-18	Tuition and Gifts	\$140	
2-1-18	Tuition	\$80	
3-1-17	Tuition	\$80	
4-1-17	Tuition	\$80	
			January-April Tuition Total \$380
			Total \$2314.00

Cost of Returning Athlete

6-1-17	Enrollment (If New to OC Elite)	\$0.00	
6-1-17	June Tuition	\$80 for 1, additional \$40 ea	
6-1-17	Practice Clothes	\$120	June Total \$200
7-1-17	Choreography	\$100	
7-1-17	Music	\$50	
7-1-17	July Tuition	\$80 for 1, additional \$40 ea	
7-1-17	Competition Fee	\$69	July Total \$299
8-1-17	*Uniform	\$350 Certain Teams Only	
8-1-17	Tuition	\$80	
8-1-17	Competition Fee	\$75	August Total \$505
9-1-17	Warm Ups	\$0	
9-1-17	Tuition	\$80	
9-1-17	Competition Fee	\$75	Sept Total \$155
10-1-17	Shoes	\$100 All Teams	
10-1-17	Tuition	\$80 for 1, additional \$40 ea	
10-1-17	Competition Fee	\$75	Oct Total \$255
11-1-17	USASF Registration Fee	\$30	
11-1-17	Tuition	\$80	
11-1-17	Competition Bow	\$35	Nov Total \$115
12-1-17	Tuition	\$80	
12-1-17	Bag	\$0	Dec Total \$80
1-1-18	Tuition and Gifts	\$140	
2-1-18	Tuition	\$80	
3-1-17	Tuition	\$80	
4-1-17	Tuition	\$80	
			January-April Tuition Total \$320
			Total \$2019.00

Subtracting Bag, Warm Ups and Enrollment

Dual New Competitive Athlete

6-1-17	Enrollment (If New to OC Elite)	\$75 for 1, \$100 per family	
6-1-17	June Tuition	\$40	
6-1-17	Practice Clothes	\$120	June Total \$235
7-1-17	Choreography	\$100	
7-1-17	Music	\$50	
7-1-17	July Tuition	\$40	
7-1-17	Competition Fee	\$69	July Total \$259
8-1-17	Uniform	\$350 Certain Teams Only	
8-1-17	Tuition	\$40	
8-1-17	Competition Fee	\$75	August Total \$465
9-1-17	Warm Ups	\$120	
9-1-17	Tuition	\$40	
9-1-17	Competition Fee	\$75	Sept Total \$235
10-1-17	Shoes	\$100 All Teams	
10-1-17	Tuition	\$40	
10-1-17	Competition Fee	\$75	Oct Total \$215
11-1-17	USASF Registration Fee	\$30	
11-1-17	Tuition	\$80	
11-1-17	Competition Bow	\$35	Nov Total \$145
12-1-17	Tuition	\$80	
12-1-17	Bag	\$100	Dec Total \$180
1-1-18	Tuition and Gifts	\$140	
2-1-18	Tuition	\$80	
3-1-17	Tuition	\$80	
4-1-17	Tuition	\$80	
			January-April Tuition Total \$380
			Total \$2114.00

Cost of Dual Returning Competitive Athlete

6-1-17	Enrollment (If New to OC Elite)	\$0	
6-1-17	June Tuition	\$40	
6-1-17	Practice Clothes	\$120	June Total \$160
7-1-17	Choreography	\$100	
7-1-17	Music	\$50	
7-1-17	July Tuition	\$40	
7-1-17	Competition Fee	\$69	July Total \$259
8-1-17	*Uniform	\$350 Certain Teams Only	
8-1-17	Tuition	\$40	
8-1-17	Competition Fee	\$75	August Total \$465
9-1-17	Warm Ups	\$0	
9-1-17	Tuition	\$40	
9-1-17	Competition Fee	\$75	Sept Total \$115
10-1-17	Shoes	\$100 All Teams	
10-1-17	Tuition	\$40	
10-1-17	Competition Fee	\$75	Oct Total \$215
11-1-17	USASF Registration Fee	\$30	
11-1-17	Tuition	\$80	
11-1-17	Competition Bow	\$35	Nov Total \$145
12-1-17	Tuition	\$80	
12-1-17	Bag	\$0	Dec Total \$180
1-1-18	Tuition and Gifts	\$140	
2-1-18	Tuition	\$80	
3-1-17	Tuition	\$80	
4-1-17	Tuition	\$80	
			January-April Tuition Total \$380
			Total \$1819

Subtract Bag, Warm Ups, Enrollment

GENERAL RULES AND GUIDELINES

Attendance policy

Rules Regarding Absence & Tardiness from Practices:

All Star cheerleading is equivalent to a "travel" team or a "competitive" team. We expect 100% dedication to your team. That means attendance is **MANDATORY**.

1. OC Elite practices should take precedence over all other activities. Please remember that this is an **ALL STAR COMPETITION SQUAD**. Your acceptance of a position on the squad is your commitment to attend all practices. While we would like to have everyone present at all practices, we realize this is not a realistic expectation. If for some reason you are unable to attend please notify 24 hours in advance, via email, or personal contact by phone. **YOU MUST** receive an email confirmation or a call (from coach or staff) that we received your request too miss a practice. Do not feel that because you are paying to participate, you can choose to skip a practice. All members pay the same tuition and expect you to be at practice, on time, every time. Excessive absences will result in (a) not being able to compete with the team or (b) being asked to leave the squad.

3. Your coach will determine if your absence from practice is excused or unexcused; do not ask a teammate to pass on the information.

Four (4) unexcused absences may result in dismissal from the squad.

Excused absences will include:

1. Illness to the cheerleader and/or immediate family members requiring the cheerleader's travel and attention.
2. A Death in the immediate family.
3. You are expected to call the gym or a teammate for an update after missed practices. If new material was covered you should get a teammate to teach you the new material before the next practice.
4. If you are ill but not contagious, We would prefer you to be at the practice to watch from the sidelines for any changes that may affect you in the routine.
5. We understand that there are circumstances where your absence is unavoidable, but keep in mind that this is an activity that you have chosen and your attendance, or lack of it, affects every member on your squad.

PUNCTUALITY

1. Your coach will assign extra conditioning after practice as a penalty for tardiness.
2. Excessive tardiness may result in (a) not being able to compete with the team or (b) being asked to leave that squad.
3. Contact the gym in advance if you expect to be late for a practice so your coach will be able to plan the day's practice more effectively.
4. Don't waste valuable practice time. Try to arrive 10 minutes before practice to put away your gear and get warmed up on the assigned floor. You must stay on the warm-up floor and away from other classes.

Practice and Competition

1. Cheerleaders must attend all practices.
2. Attendance at weekly tumbling classes during routine practice season will be MANDATORY at a set date that the director chooses. The parents will be notified 30 days prior so budget can be planned. There will be no make-ups for non- attendance.
3. It is up to you to stay informed about your team's schedule. Check e-mails and website often.
4. Practices are two times a week, and possibly 3 during routine practice season.
5. No one is allowed to yell onto the floor or to speak to any team member or coach while practice is in session.
6. There will be no cell phone use during practice.
7. White cheerleading shoes must be worn to practice.
8. Appropriate underclothes should be worn at all times (sports bras, bloomers, etc.). Sports bras should be worn under practice shirt.
9. Use of tobacco, alcoholic beverages or illegal drugs is strictly prohibited and will not be tolerated.
10. Do not complain, make excuses, back talk or use any disrespectful gestures or profanity to your coaches.
11. Be respectful to your teammates, coaches, parents and spectators.
12. The gym is not responsible for lost or stolen items.
13. Squads and routines are left to the discretion of the coaches.
14. During the year, each team has additions and losses to the team, which may require the coach to move a cheerleader to another squad. All decisions are made by the coach based on what is best for the team(s). There will be a cut off date set by director to protect the routine longevity.
15. Parents: Practice and competitions should not be used as a punishment for your child's actions. They are a team and must practice and compete as a team. Please find another method of punishment.
16. Practices will be added and changed throughout the year depending on the competition schedule.
17. Please feel free to speak to your child's coach about anything; just remember to do it at the appropriate time. Approaching a coach in the middle of a practice would not be an appropriate time.
18. Never post any negative comments on any website or chat rooms.
19. The dismissal or addition of a team member is solely the coach's decision.
20. Parents, relatives, friends and cheerleaders are never allowed to speak with competition officials for any reason.
21. We recommend all cheerleaders to use the same accommodations for out of town competitions.
22. Each child is required to have a chaperone. Your coaches are not your child's chaperones.
23. Please understand that all out of town competitions are not vacation times. You are required to attend all extra practices that your coaches call, no matter what time.
24. Full uniform, skirt, top, bloomers, bow and shoes will be worn into every competition unless your coach advises otherwise, team warm-ups if cold.
25. All cheerleaders must stay in uniform until after the award ceremonies are over.
26. No pajama pants.
27. If you do not attend a competition without prior approval from you coach, it will result in immediate dismissal from the squad and no fees will be refunded.
28. The Director may change, add or subtract any rule at any time.

Acknowledgement and Agreement

As Consideration for being allowed to enter the gym area and/or Participate in any party and/or program at (PCA/OGC) the undersigned, on his or her behalf, and on the behalf of the Participant(s) identified below, acknowledges, appreciates, understands, and agrees to the following:

1: I represent that I am the parent or legal guardian of the Participant(s) named above or I have obtained permission from the parent/legal guardian of the Participant(s) named below to execute this agreement on their behalf.

2: I acknowledge and understand that there are known and unknown risks associated with participation in PCA activities and the use of the gym area, inflatables, trampolines, pits and any and all other (PCA/OGC) equipment, including but not limited to Parties and Open Gym, which include but are not limited to: contusions, fractures, scrapes, cuts, bumps, paralysis, or death.

3: I, for myself, family in attendance and the Participant(s) named, willingly assume the risks associated with participation and accept that there are also risks that may arise due to OTHER PARTICIPANTS which I also willingly assume.

4: I agree that the Participant(s) named, and I shall comply with all stated and customary terms, posted safety signs, rules, and verbal instructions as conditions for participation in any activity at PCA.

5: I, for myself, the Participant(s) named, our heirs, assigns, representatives, and next of kin agree to hold harmless, release, waive and indemnify the independent owner of this OGC facility, Oconee Gymnastics LLC, or PCA and connected LLC their predecessors, parent, subsidiaries and affiliates, officers, and employees from any and all injuries, liabilities or damages from participation, except for those arising from the gross negligence or willful misconduct of PCA.

6: I additionally agree to indemnify the independent owner of this OGC facility, and Director of PCA, their predecessors, parent, subsidiaries and affiliates, officers, and employees for any defense cost or expense arising from any and all claims, injuries, liabilities or damages arising from participation, except for those arising from the gross negligence or willful misconduct of PCA.

7: I am of physical ability to participate and am legally competent to understand and complete this agreement. I hereby execute this agreement without coercion.

8: I understand that entry, by myself and the participant(s) named, constitutes consent for PCA to use any film, video, or likeness of participants for any purpose whatsoever, without payment to the participant.

9: The invalidity or unenforceability of any provision of this Agreement shall not affect the validity or enforceability of any other provision of this Agreement, which shall remain in full force and effect.

10: Any controversy, dispute, or claim arising out of or related to this Agreement shall be within the State of Georgia.

Parents/Adults

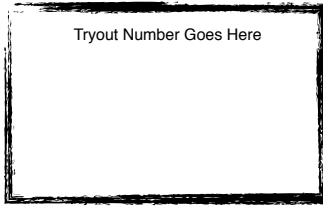
Parents are only permitted in the gym for parent participation classes led by an instructor and supervised open gym with preschool and toddlers. I understand the dangers of entering the gym such as uneven surfaces and have viewed the Party & Open Gym Safety Video at oconeegymnastics.com. We ask that children do not wear socks to prevent slipping on mats. If parents/adults decide to enter into the gym for any other reason they assume all risk. Adults are NOT permitted on any equipment including trampolines and pits, doing so willingly violates PCA/OGC's safety policy. NO ONE is allowed on team equipment. Adults must also wear socks. This caution is posted throughout the parent viewing area.

I UNDERSTAND ALL TEAM RULES OF THE OC ELITE AND WILL ABIDE BY THEM. I UNDERSTAND THAT ONCE I AM PLACED ON A OC ELITE SQUAD, FAILURE TO FOLLOW THROUGH WITH THE CONTRACTED SEASON MAY PROHIBIT ME FROM PLACEMENT ON A OC ELITE SQUAD IN THE FUTURE. I ALSO UNDERSTAND I MAY NOT PARTICIPATE AT ANOTHER CHEER GYM DURING THE SEASON UNLESS IT IS WITH A SCHOOL SQUAD PRACTICE. I UNDERSTAND THAT ANY & ALL PAYMENTS ARE NON-REFUNDABLE.

Participant's signature _____

Date _____

2017-2018 OC ELITE TRYOUT/EVALUATION PACKET



Please bring in the General Rules and Regulations, Information Form, and Medical Release form all signed and filled out to the best of your ability on clinic day. Please do not forget to bring \$20 cash. If you wish to pay online please go to www.oconeestarcheer.com. Without this you will not be able to try out. **NEW athletes are REQUIRED to attach a copy of birth certificate and and be prepared to have your picture taken at the door.**

Cheerleader's Name _____

Age as of 8/31/2016 _____ Date of Birth (mm/dd/yy) _____

Parent E-mail _____

Would you like to be considered for double-teaming (additional fee) ___Yes ___No

Have you cheered before? ___ YES ___ NO If so, please list where so we can transfer your USASF membership to OC Elite _____

Are you willing to cheer for any level of the OC Elite teams? ___ YES ___ NO

If no, circle levels on which you are willing to cheer and list an explanation. 1 2 3 4 5

I UNDERSTAND ALL TEAM RULES OF THE OC ELITE AND WILL ABIDE BY THEM. I UNDERSTAND THAT ONCE I AM PLACED ON A OC ELITE SQUAD, FAILURE TO FOLLOW THROUGH WITH THE CONTRACTED SEASON MAY PROHIBIT ME FROM PLACEMENT ON A OC ELITE SQUAD IN THE FUTURE. I ALSO UNDERSTAND I MAY NOT PARTICIPATE AT ANOTHER CHEER GYM DURING THE SEASON UNLESS IT IS WITH A SCHOOL SQUAD PRACTICE. I UNDERSTAND THAT ANY & ALL PAYMENTS ARE NON-REFUNDABLE.

Participant's signature _____ Date _____

Parent's signature _____ Date _____

Standard T-Shirt Size (Circle one) YXS YS YM YL AS AM AL AXL

Phone number we can reach you at during the placement process _____

PHOTO / VIDEO RELEASE

I acknowledge and agree that my child or children's photograph and/or video may be taken during class instruction or during an event. I hereby grant permission for the photograph and/or video of my child to be used for any and all publicity and printing purposes:

Parent Signature _____ **DATE** _____

**WAIVER, RELEASE AND ASSUMPTION OF RISK AGREEMENT
BY SIGNING THIS AGREEMENT, YOU ARE WAIVING CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE
PLEASE READ CAREFULLY**

In consideration of the services provided by Performance Cheerleading Academy, its owners, agents, officers, employees, and all other persons or entities acting in any capacity on their behalf collectively referred to herein as "Performance Cheerleading Academy," and in consideration of me or my minor child or children being allowed to participate in related facilities, events, activities, and/or use equipment, I hereby agree as follows:

1. I acknowledge and agree cheerleading and gymnastics, including performances of stunts and use of trampolines, entail certain risks which cannot be eliminated without jeopardizing the essential qualities of the activity. Without a certain degree of risk, cheerleading students would not improve their skills and the enjoyment of the sport would be diminished. Cheerleading and gymnastics expose participants to the usual risk of cuts and bruises, as well as other more serious risks. Participants often fall, sprain or break wrists and ankles, and can suffer more serious injuries. Additionally, traveling to and from competitions, shows, meets and exhibitions raises the possibilities of any manner of transportation accidents. I acknowledge and agree the activities in which I or my child or children engages in while on the premises or under the auspices of Performance Cheerleading Academy pose known and unknown risks which could result in severe bodily injury including without limitation, paralysis, death, emotional distress and/or other damage to me, my child or children and/or property and/or third parties.

2. I represent and warrant that I and my child or children are physically capable and fit to participate in Performance Cheerleading Academy activities and none of us have any medical condition or need which is not listed below or been previously disclosed to Performance Cheerleading Academy. I represent and warrant that neither I nor my child or children is under the influence of alcohol or mind altering drugs and will not carry, use or consume alcohol or drugs before or during Performance Cheerleading Academy activities or on the premises of Performance Cheerleading Academy.

3. By signing this Waiver, I hereby grant Performance Cheerleading Academy permission to address and treat any medical conditions and emergencies for me and my child or children as Performance Cheerleading Academy deems appropriate, and I agree to pay any charges for such medical treatment, including related transportation. I represent and warrant to reimburse and indemnify Performance Cheerleading Academy for any charges or payments made by Performance Cheerleading Academy to provide medical treatment to me, my child or children.

4. I for myself and for my minor child and/or children and on behalf of my heirs, assigns and/or personal representatives referred to herein as "Releasors," knowingly and freely accept and assume all the risks, both known and unknown, connected with Performance Cheerleading Academy activities. I acknowledge and agree to assume all risks to the fullest extent of the law, even for injuries arising out of the negligence of Performance Cheerleading Academy or other Performance Cheerleading Academy participants. My participation and the participation of my child or children in Performance Cheerleading Academy activities is purely voluntary. No one has forced or coerced me or my child to participate. I choose for myself and my child or children to participate in Performance Cheerleading Academy activities despite the known and unknown physical, mental, emotional and/or other risks.

5. The Releasors hereby: A. Release Performance Cheerleading Academy with respect to any and all liability, claim, allegation, and/or lawsuit, including without limitation any liability, claim or allegation for injury, paralysis, disability or death and/or loss or damage to personal property arising out of or related to my, my child or children's participation in or at Performance Cheerleading Academy related activities regardless of whether the injury occurs as a result of the negligence of Performance Cheerleading Academy or otherwise to the fullest extent permitted by law; B. Covenant not to sue Performance Cheerleading Academy for any claim released herein.

6. I for myself, and for my minor child or children, represent and warrant that I will follow the terms, rules, and conditions for participation in Performance Cheerleading Academy activities and will follow the instructions of Performance Cheerleading Academy staff at all times. If I become aware of or observe any hazard or dangerous condition during my attendance or participation, I will remove myself, my minor child or children from participating and immediately notify the nearest Performance Cheerleading Academy staff person. If I do not agree with the resolution described by the Performance Cheerleading Academy staff, I will immediately remove

myself and/or my minor child or children from participation. I for myself, and for my minor child or children acknowledge and agree I have waived my right to bring or maintain any lawsuit against Performance Cheerleading Academy for any claim arising from an instances in which I did not follow the terms, instructions, rules, and conditions of Performance Cheerleading Academy.

7. Releasors hereby indemnify and hold harmless Performance Cheerleading Academy from any and all damages arising out of or related to any claim released herein, any false, inaccurate or misleading statement in this Waiver or any failure of the releases and waivers in this Waiver to be enforceable. Such damages may include without limitation medical costs and attorneys' fees.

8. I certify that my child or children has health, accident and liability insurance to cover bodily injury or property damage which may be caused or suffered while participating in activities with Performance Cheerleading Academy including without limitation activities on the Performance Cheerleading Academy premises and activities including competitions not on the Performance Cheerleading Academy premises. I hereby certify, represent and warrant to assume and bear the costs of any injuries or damages which occur to me, my child or children while engaged in Performance Cheerleading Academy activities on and off the Performance Cheerleading Academy premises including injuries and/or damages caused directly or indirectly from participation in Performance Cheerleading Academy activities.

9. I acknowledge and agree if anyone is hurt or property damaged during my participation or the participation of my child or children in an Performance Cheerleading Academy activity, I may be found by a court of law to have waived my right to bring and maintain a lawsuit against Performance Cheerleading Academy on the basis of any claim from which I have released Performance Cheerleading Academy by signing this Waiver.

I represent and warrant I have been afforded the opportunity to ask questions, request and receive explanations concerning this Waiver and I have not been provided any information, oral or written, which in any way alters or changes the above information. I hereby give my permission and consent for all participants for whom I am responsible and whose names are listed below. I acknowledge and agree this document is governed by the laws of the State of Georgia without regard to the conflicts of law. If any portion of this Waiver is found void or unenforceable, the remaining portions shall remain in full force and effect.

I REPRESENT AND WARRANT I HAVE CAREFULLY READ THIS WAIVER, RELEASE AND ASSUMPTION OF RISK AGREEMENT AND FULLY UNDERSTAND ALL OF ITS CONTENTS. I FURTHER REPRESENT AND WARRANT THAT MY SIGNATURE IS VOLUNTARY AND WITH THE INTENT TO BIND MYSELF. I FURTHER INTEND TO GRANT PERMISSION FOR MY MINOR CHILD OR CHILDREN TO PARTICIPATE IN ANY AND ALL Performance Cheerleading Academy AND FACILITIES AND ACCEPT ALL RISKS ASSOCIATED THEREWITH. IT IS MY INTENTION TO EXEMPT AND RELIEVE Performance Cheerleading Academy FROM ALL LIABILITY FOR PERSONAL INJURY, INCLUDING WRONGFUL DEATH, AND PROPERTY DAMAGE CAUSED BY ANY ACT OR OMISSION INCLUDING NEGLIGENCE OF Performance Cheerleading Academy.

Parent Signature _____ **DATE** _____

Are there any medical conditions to be disclosed to Performance Cheerleading Academy?

Yes: _____ No: _____

If Yes, please explain/describe: _____

